Reducing the use of tobacco use can reduce the rate of oral cancer, gum disease, and other chronic illness

- Use of tobacco is associated with increased risk of oral cancer
- Can cause gray patches in the mouth

Adults aged 65 or older who smoke cigarettes are twice as likely to have untreated tooth decay as those who have never smoked (CDC)

E-cigarettes do contain tobacco and can cause major harm to your oral health

**Untreated tooth decay is higher in people who smoke cigarettes**

Among adults aged 20-64 years, over 40% who currently smoke cigarettes had untreated tooth decay.